

Cavalry NCO inspires Soldiers during combat

Sgt. Thomas Duval, 1-25th SBCT PAO

Scanning the Afghanistan terrain from the rear gunner's hatch of an Army Stryker combat vehicle, Sgt. James Bailey, a cavalry scout with the 5th Squadron, 1st Cavalry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division is responsible for providing security for his fellow troopers.

Equipped with a number of specialized weapons, Bailey is ready for anything his unit may face. For the terrorist he has bullets, for the local kids walking the streets of Kandahar, Afghanistan, he carries a couple of their favorites like candy and a sleeve full of pens.

As a scout, Bailey is working with International Security Assistance Forces and Afghan National Security Forces to ensure a brighter future for the people of Afghanistan.

As a non-commissioned officer with C Troop, 5-1st, Bailey's mission is, in many ways, challenging.

As a leader of Soldiers, Bailey must perform each mission above standard, ensure the safety of his Soldiers and maintain their morale.

It's Bailey's ability to accomplish the mission while also improving the morale of his Soldiers every day that has inspired the Soldiers he leads.

"There is never a moment when you will find Bailey that he doesn't have a smile on his face," said Pfc. Bryan Ward. "He's the type of friend and NCO that you always want to be around."

"It's important to stay optimistic for the guys around you," said Bailey.

"I always do whatever I have to do to keep their morale up."

Recently, Ward, a fellow cavalry scout, was so impressed by Bailey's unwavering optimism and morale that he posted the following on a social networking site: "Sergeant James Bailey, you are my greatest mentor and good friend. You are what I aspire to be when I'm an NCO, always happy even when you are in pain, enduring it so that you can stay with your fellow Soldiers till the end of the deployment."

On Feb. 7, just a few short days after Ward posted the inspirational words on Bailey's wall, Ward's Stryker was struck by an improvised explosive device as his unit made their routine visits to the local Afghan Police checkpoints throughout the Dand district, in the southern Kandahar province.

See INSPIRE on page 3



Sgt. James Bailey, a cavalry scout assigned to the 5th Squadron, 1st Cavalry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, poses next to the Alabama University mascot during a visit home to Alabama. (Courtesy photo)

Fun in the sun as we let go of the snow

Allen Shaw, Fort Wainwright PAO

The sun is finally doing its job. The days are getting longer, it's warming up and we will soon be knee-deep into what Alaskans call breakup. Before the snow goes, the entire community has an opportunity to celebrate spring and the end of the ski season at the Birch Hill Ski and Snowboard Area starting today through Sunday. The annual March Madness events get underway at noon with free skiing and snowboarding for Soldiers, active duty, Reservists and retirees and Family members.



(File photo)

See SNOW on page 5

Civilian retirees honored, 275 years combined service

Staff Report, Fort Wainwright PAO

Ten Army civilians representing about 275 years of combined federal service were honored at a retirement ceremony here March 22.

Families, friends and coworkers filled the Northern Lights Chapel as Col. Ronald M. Johnson, U.S. Army Garrison Fort Wainwright commander, presented each retiring employee an award and certificate. He also presented awards to the spouses attending the ceremony to note their support.

"There's really no award that can truly thank you or reward you for your service," Johnson told the retiring employees. "It's something that we give you, and it is representative of how much we think of you and how much we appreciate all that you have done for us. But it doesn't come anywhere close to showing how much we really appreciate you

and all you've done."




Johnson talked about teamwork, and called the honorees the people who get the job done - "the ones at the tip of the spear. They're the ones who determine whether Team Wainwright is going to accomplish the mission or not," he said.

The 10 retirees represented various jobs from the Directorate of Public Works; the Directorate of Logistics; the Directorate of Family and Morale, Welfare and Recreation and Headquarters, U.S. Army Garrison Fort Wainwright.

The honorees were introduced by their directors or supervisors, who gave the audience a brief background on each retiring employee, highlighting their respective careers in federal service.

See HONORED on page 5

EXTENDED WEEKEND WEATHER

Friday	Saturday	Sunday
		
Mostly cloudy Light winds Low 12 Highs 35 to 40	Cloudy Low 15 High 35	Mostly cloudy Lows 10 to 15 Highs 30

Aurora forecast is LOW to QUIET for the weekend

Forecasts courtesy of the National Oceanic and Atmospheric Administration and the Geophysical Institute at University of Alaska Fairbanks.

Battle for sustainability

Allen Shaw, Fort Wainwright PAO

Twenty-years ago the average price for a gallon of gasoline was \$1.05. The average monthly electric bill for a Family was between \$50 and \$100, and the average cost of heating fuel was around \$1.15 a gallon. In 1992 people recognized the need to conserve energy and become more conscious of sustainability, although the supply of natural resource seemed endless.

Anyone who has bought gas or paid a utility bill recently knows that is no longer the case, and certainly not in Alaska. The price of gasoline, heating oil and electricity continues to rise, cutting into budgets both at home and within the garrison.

With the 42nd annual Earth Day celebration a month away, everyone is encouraged to act responsibly to make the best use of resources; to restrain ourselves and our Families about how best to use water, electricity and other resources.

At the garrison level, Fort Wainwright has been forging robust programs toward sustainability. The recycling program is just one of them. The Army entered into a partnership with K & K Recycling and North Haven Communities, the housing partner, to dispose of paper, plastics, glass and metal. Since recycling efforts started, more than 385,000 pounds of materials has been collected. Fort Wainwright realizes a profit on some of the items recycled, and consequently avoids landfill fees on all the waste diverted. According to a recent report more than \$160,000 saved can now be spent on installation programs to improve quality of life for Soldiers and Family members. Additionally, North Haven is working with K & K Recycling to recycle waste building materials such as sheetrock, metals, concrete, wood, packaging, cardboard and plastic.

North Haven has also partnered with the Army, K & K and Mainscape to develop and sponsor a sustainable natural Christmas-tree recycling event. It was the first-known endeavor of this type in the Interior of Alaska. For two years it has given Fort Wainwright residents the opportunity to recycle their live Christmas trees.

Another step toward energy conservation and sustainability are the smart headbolt outlets installed throughout the post. The outlets are designed to cycle on and off so vehicles are not pulling electricity all day long, while still protecting vehicles from freeze-up. The Directorate of Public Works estimates a savings of \$150,000 this past year and projects even greater savings in the future.

The Army has a vision and a goal leaders call Net Zero – that of managing resources in a sustainable manner. The premise behind Net Zero is that the use of resources and production of resources equal each other.

Army leadership calls it a holistic approach to addressing energy, water and waste.

The Net Zero approach is comprised of five interrelated steps: reduction, re-purpose, recycling and composting, energy recovery, and disposal.

"Our sustainability officer, Capt. Timothy Hall, has done a tremendous job to inform the community about the benefits of energy savings and recycling. The realized returns have demonstrated that the program is both self sustaining and beneficial for the environment and our community. The Installation Management Command has lauded our efforts as an example of an installation moving in the right direction toward Net Zero," said Lt. Col. Robert Eriksen, United States Army Garrison, Fort Wainwright, chief of staff.

The theme for this year's Earth Day event on Fort Wainwright scheduled for April 20 at the Physical Fitness Center from 10 a.m. to 4 p.m. asks, "I not you, who? If not now, when?"

Whether living on or off post, we have an opportunity to reassert our commitment to environmental sustainability, protect energy resources and help achieve our national conservation goals. If you do live in quarters on post, live as if you are paying the utility bills yourself, because we all will ultimately pay.

For more information about Earth Day activities and sustainability call Andy McDonough at 353-9746.

Medical Department Activity - Alaska

Col. George Appenzeller, MEDDAC-AK commander



No-show rates on the rise

Over the course of the last month, no-show rates at Bassett Army Community Hospital have been on the rise and I want to take this time to stress the importance of cancelling appointments in a timely manner.

A no-show is defined as an individual who misses or is late to an appointment without cancelling or rescheduling. U.S. Army Medical Command requires us to consider any patient more than 10 minutes late as a no-show. Currently no-show rates at BACH are at 5 to 8 percent. This results in wasted financial and staff resources, and more importantly, in missed opportunities for other patients to receive necessary care.

According to Western Region Medical Command Clinical Operations, each missed appointment costs the Army an average of \$70. Additionally, each missed appointment is really at least two appointments or more missed. The missed appointment goes empty, another patient doesn't have the appointment and a third appointment is required to address the issue from the first appointment.

We all understand the incredibly busy lives every military Family member or Soldier has, and that traversing the medical system is not always the easiest thing to do. Here at BACH we try to make it as easy as possible to make or cancel an appointment.

It is extremely easy to cancel an appointment at BACH. For cancellations, call 361-4000 at any time and select option 2. You can also cancel the appointment through Tricare Online if the appointment was booked online.

To make an appointment, simply call 361-4000, Bassett's central appointment line, Monday through Friday 7 a.m. to 4:30 p.m. You can also schedule an appointment by visiting Tricare online 24/7, at tricareonline.com. If you have not used TOL before, you will need to establish a login name and password on your first visit by selecting the link on the right-hand side of the home page called "Register Now on TOL" and following the step-by-step instructions. Additionally,

registered users can schedule, view and cancel both Primary Care and select self-referral specialty appointments for themselves or their authorized Family members.

Once you have scheduled your appointment, you may receive an automated reminder call up to two days before your appointment. You may also receive an in-person call from one of our appointment clerks; at this time you will be able to confirm, cancel or reschedule your appointment. To get these reminders, your personal information, which includes contact telephone number and current address, must be correct in the Defense Enrollment Eligibility Reporting System. I cannot over-emphasize the importance of keeping your information current in DEERS. All medical systems link to DEERS and correct information is necessary for us to give you appointment reminders as well as to inform you if any changes need to be made to your appointment, critical lab results or any other issues we may need to contact you about.

When an appointment is missed, there is often not time to fill the space and the time slot will likely go unused. Therefore, uncanceled, missed appointments keep other patients from using that appointment slot. Now that our Arctic Falcons are home and our Strykers are returning, these spaces will become even more critical. So if you are not able to make it to your next appointment, it is critical that you cancel the appointment as soon as possible to ensure that BACH can use that slot to provide a fellow Soldier or Family member needed care. When you cancel your appointment in a timely manner, you give fellow beneficiaries the opportunity to use that time.

It is important for BACH to use our health care resources wisely. Making your appointment or cancelling the appointment ahead of time expands our continuity of care to our patients and increases Soldier readiness.

TriWest urges military Families to thank their Tricare doctors on Doctor's Day

Elizabeth Hillestad, TriWest Healthcare Alliance

With Doctors' Day approaching on March 30, TriWest Healthcare Alliance wants to encourage all military Families to join in by sending one important message to their Tricare providers: Thank you.

Thank you for joining TriWest's mission to serve our nation's military Families, by joining the Tricare network. Thank you for being the reason Service members can complete their jobs across the country and around the world. Thank you for giving them the peace of mind that their spouses and children are cared for back home.

Tricare providers join for one main reason. They're on a mission to serve those who serve our country. They work with military spouses, children with deployed parents and even the Service members themselves.

"I've always wanted to be in the military, I've always wanted to serve. And what better way than to be a physician that can help treat and serve those that are serving our country?" said Mark Lenthe,

D.O., of the Tanner Clinic in Utah.

The rewards of service to Tricare patients are exponential.

"I don't think there's any better service that I can provide, at this point in my life, than to assure the warfighters and their Families that we're going to be here, no matter where the warfighters have to be deployed," said Paul Echols, M.D., a surgeon at the University of New Mexico Hospital.

Thank a Doctor on Facebook. Military Families can give their special doctors a public shout-out through TriWest's Facebook page. Simply go to www.facebook.com/TriWest.

Then select the "LUV UR DOC" tab on the left-hand column.

Leave your public shout-out!

Doctors and military Families can also visit TriWest.com/DocsDay to watch stories of other Tricare doctors who have chosen to serve our nation's military Families.

TriWest Healthcare Alliance partners with the Department of Defense to do "Whatever It Takes" to support the healthcare needs of 2.9 million members of America's

military Family. A Phoenix-based corporation, TriWest provides access to cost-effective, high-quality health care in the 21-state

Tricare West Region. Follow us on Twitter and Facebook, or visit www.triwest.com for more information.

ALASKA POST

Home of the Arctic Warriors

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The ALASKA POST – Home of the Arctic Warriors

INSPIRE: A Soldier's dedication

Continued from page 1

Ward said he woke up from the blasts a few moments later and began to perform a head-to-toe sweep to check for any injuries when we realized he had multiple injuries.

Despite having a number of broken bones and other injuries to his arms and face, Ward thought about what his role model would do and had nothing else to say except "Roll Tide."

"The first thing that popped in my mind was give me more morphine then I thought 'Roll Tide'," Ward laughed. "Knowing Sgt. Bailey, it doesn't matter what he's doing or what is going on around him he's always ready to accomplish the mission and he always finds a way to be happy. I admired that."

As unconventional as it may seem the two simple words "Roll Tide" have long been a way for Bailey to inspire his Soldiers and bring a smile to their face.

Bailey, a Birmingham, Ala., native, adopted the chant after watching the Alabama football team line up on Saturdays for college football.

"The only thing he loves more than his Soldiers is the Crimson Tide...and he will never let you forget it," said Spc. Jason Harris, longtime friend and fellow cavalry scout.

After hearing about the events surrounding his son's brush with death, Wade Ward, Bryan's father, had his own impression of Bailey's leadership qualities.

"Sgt. Bailey's level of leadership sets the example for every Soldier," said Wade Ward. "He goes above and beyond what is expected of him."

Many people would think he's just a college football fan but he uses something so simple to uplift the people around him. "It speaks volumes about the types of leaders throughout the unit and I have nothing but good things to say about Bailey."

Wade Ward added that Bailey's positive attitude and his unwavering optimism helped his son get through a very difficult and painful time and in many ways the stories of Bailey's glass-half full approach have even changed his outlook on life. He said he even uses the catch phrase 'Roll Tide' whenever he's having a bad day.

In a combat environment a bond like the one that Bailey shared with battle buddies like Ward is often unbreakable.

"Bailey is someone I look up to and hope to be like when I'm an NCO," said the younger Ward.

"It made me proud that I made that kind of impression on someone," said Bailey.

When combined, his love for 'Bama', his Soldiers and overall happiness undoubtedly makes him an easy favorite for most popular Soldier but his enthusiasm and positive outlook on life isn't the only thing that has earned him the respect of his Soldiers.

Behind the southern charm and

unbreakable smile Bailey often times fought through unbearable pain to join his battle buddies in daily operations. For months Bailey was hampered with a hernia, but instead of getting deployment-ending surgery Bailey woke up every morning masking the pain with a smile.

"I never have a bad day...I'm always happy," said Bailey as a smile spread across his face.

After talking to his commander, the two of them came up with an alternative option that would allow Bailey to get the surgery he needed and still rejoin his battle buddies as the 1-25th SBCT prepares to re-deploy within the next few weeks.

Excited, Bailey said he is already looking forward to using his recovery as an example of resiliency and dedication and hopes that he can continue to serve as an example to his younger Soldiers.

"As long as I get to wake up and see my guys it's a good day," said Bailey.

Fort Wainwright Family gets a kick out of volunteering

Allen Shaw, Fort Wainwright PAO

Part of Army life is moving. In many cases when a Soldier and Family members embrace a community, a huge void is left when another duty station calls. Such is the situation with Staff Sgt. James Reed, assistant noncommissioned officer in charge of the Kamish Dental Clinic, Dental Activity-Alaska, wife Kari and four children, Cheyenne, 15, AJ, 14, Shelby, 13, and Destiny, 12.

The Reed Family was involved with soccer before they came to Fort Wainwright. "As a way to get the kids out of the house and keep them active, we had them play in recreational leagues in San Antonio and then Kentucky," Reed said. The Reed kids fell in love with the sport. "They had fun, excelled at the sport and were chosen to participate with select teams who play at a more competitive level."

When they came to Fort Wainwright in May 2009 the Reeds immediately contacted the Fairbanks Youth Soccer Association to see how they could get involved. Since then they have been a fixture at the fields, in the gym and at the office.

Linda Burke, FYSA executive director, said, "Fairbanks Youth Soccer has benefited tremendously as the Reed Family tirelessly donates their time and resources to support our youth soccer programs."

Reed, who is a licensed coach, has done everything from constructing shelves in the warehouse and helping organize the Alaska State Tournament, to picking up trash and flipping burgers at a barbecue to welcome out-of-town teams.

"Jimmy has been a tireless volunteer with FYSA. His dedication to the organization and commitment to the kids of Fairbanks is a testament as to his love for making Fairbanks a better place to raise a Family. If only we could clone him," said Kip Harmon, Fairbanks Youth Soccer Association president.

Reed gives all the credit to his wife and children.

"Kari has led the way with getting so involved," he said, "She is very approachable and is always willing to help people out. If it wasn't for her, none of this would be possible." Although she never intended to be paid for her efforts, she was offered a job as the assistant to the executive director of FYSA.

"The Reed's' selfless dedication over the

past three years has involved providing services as a program volunteer, youth coach and board member, which have been a huge benefit for FYSA, and their Family will be missed as they leave Alaska," Burke said.

It isn't easy juggling everyday life in Alaska, much less the extracurricular activities. Reed said it all involves teamwork.

"We support each other and our kids know we care because we stay involved," he said. "They understand Army life and having to move a lot is just part of it. Sports have been a tool we use to build new relationships by being involved in our community."

Fort Wainwright's loss will become Fort Bragg's gain this summer.

"It's been an awesome time," Reed said, "This is a great community and we will miss all the wonderful friends we've made."

Many friends agree team Reed will leave a void, but Jimmy has a message for the Soldiers and Family members who remain or are new to the community.

"Make yourself available, get involved, put yourself out there, because the rewards are worth it," he said. "Sports teaches us a valuable life lesson. You win a few, you lose a few, but as long as you always make your best effort, you will succeed."

April is Volunteer Appreciation Month and the Alaska Post will highlight the efforts of volunteers who keep the community Army Strong. Fort Wainwright will celebrate with this year's theme, 'The Force behind the Force' at the Volunteer Recognition Ceremony, April 11, 6 to 8 p.m. at the Southern Lights Chapel. The guest speaker will be Alice Palumbo.

For more information on the celebration or how to get involved as a volunteer, call Charles Lyons, Army Community Service volunteer program manager at 353-2382.



Cheyenne (center), 15, daughter of Kari and Staff Sgt. James Reed, Dental Activity-Alaska follows in her parents footsteps as she helps her dad coach a recreational Fairbanks Youth Soccer Association team at the FYSA Complex in 2011. She also plays soccer for the competitive league Eclipse Soccer Club. (Courtesy photo)

SNOW: Enjoying the last of it



(File photo)

Continued from page 1

The schedule of events for today, Soldier Appreciation Day, begins with the Military Unit Team Skeet Shoot, noon to 4 p.m. or until the event is over. The cost for this event is \$28, there is a minimum of two people per team and the best combined score will compete for first, second and third. Pre-registration is required.

The individual Military Skeet Shoot from 5 to 6 p.m., is open to all active duty military and Family members and regular fees apply.

On the slopes, the human bowling at the tubing hill is 1 to 2 p.m. One player will be designated to sit in a snow tube and be slung by a teammate into plastic bowling pins across a marked alley at the bottom of the hill. Scoring is done by frame as in traditional bowling.

The Slope Style Hoop Relay is scheduled for 2 to 3 p.m. Teams of two compete by one member placing a beach ball in a buckets placed throughout an on-hill course. The second member is perched by the container, then retrieves the ball and heads for the next container, where first person should be waiting. They then continue the bucket alternations,

keeping the relay in motion to end of course.

A new event called the Team Regatta Race will take place from 3:30 to 5 p.m. and it has the makings of being a real doozie. Teams of three or fewer bring their own sledding device from cardboard, plastic runners or even trash can lids to resemble a military craft of some type, such as a Stryker, helicopter or tank.

The assembled ride will be taken to the top of the tubing hill, where they will race to the finish. If it fails or falls apart beyond capability of finishing the race, the team is disqualified. Judging will be done by race time and originality of the craft.

The day one events will conclude with the Soldier Tube Races from 5:30 to 6:30 p.m. Three racers go down the tube hill at the same time. The winner advances to the final heat which will determine first, second and third place. It is a single elimination event.

The snack bar will be open all day and the Birch Hill Friday Night Soldier Appreciation Extravaganza will be a party befitting a full day of sun and fun. There will be free lift rides and equipment rental for Soldiers, retirees, Reservists and Family members. The Directorate of Family and Morale,

Welfare and Recreation will provide entertainment, a bonfire and marshmallows. A beer tent will be set up for those 21 and older.

Saturday is Family Day. Festivities kick off with the March Madness Coloring Contest from noon to 4 p.m. Adults and children will choose a picture that depicts their favorite winter activity. It doesn't cost anything, t-shirts will be given to all participants and prizes will be awarded to artists 10 and younger. Judging is at 4 p.m.

Children 14 and younger can learn to mush dogs during the Kiddy Dog Sled Trail Rides from noon to 2 p.m. and the cost is \$2 per ride.

The tubing hill will be open from 1 to 7 p.m. and lift passes will be full price. There are no age restrictions.

For those interested in competitive eating, the Pudding Munch-Off begins at 1 p.m. This is for two age brackets: those 8 to 13 years-old and those 7 and younger. When the whistle blows, the person who devours their giant glob of pudding first, wins. Oh yeah, no hands. There is no fee and each participant will receive a t-shirt.

There will be open skiing and snowboarding from noon to 8 p.m.. The cost for lift tickets will be the half-

day rate..

A Kiddy Carnival area will be set up all weekend for children 10 years-old and younger. There is no charge and there will be plenty of activities to keep them busy.

The snack bar will be open for refreshments and everyone is invited to enjoy the day skiing or snowboarding from noon to 8 p.m. at half-day rates.

Sunday there is nothing going on. April Fools.

The Alpine Ski and Snowboard races begin at noon. The traditional slalom race is open to skiers and boarders. The timed event hosted by the Fairbanks Downhill Ski Club will be set up at the base of Showboat on Birch Hill and participants need to register just prior to the event. There is no cost to join in the fun.

The doubles skeet challenge starts at noon. Two-person teams will shoot one round each and compete for first, second and third. The cost is \$15 per team.

The Rail Jam conducted at the terrain park will begin at 1 p.m. Contestants will be judges on style, spins, tricks and inverts. The cost is included when a lift pass is purchased.

At 3 p.m. teams will compete in the Iceman's tug-o-war. The team that

pulls the opposing team over the designated line wins.

The Grand Finale-Snow Surf Challenge fires up at 4 p.m. as registered participants fly down the slope and snowboard or ski across a pond filled with ice-cold water. Having an extra dry set of clothes is highly recommended. A dry t-shirt will be given to those who register and there is no fee required. Immediately following this event, the first 30 people to sign up can take a dip in the frigid aqua.

The festivities will conclude with a bonfire, marshmallows, graham crackers and chocolate will be provided, and the snack bar will be open all day.

Many agree that It has been a long, cold winter and March Madness offers everyone in the community an opportunity to come together, bust loose and enjoy springtime in Alaska.

For information on the events, call Family and Morale, Welfare and Recreation at 353-6795 or 353-1998 or visit www.ftwainwrightfmwr.com.

Since the public is invited to participate, there is no need to stop at the visitor's center for a pass. But be prepared to show a valid driver's license, vehicle registration and proof of insurance at the gate.

HONORED: Civilian retirees

Photos by Trish Muntean,
Fort Wainwright PAO

Continued from page 1

Johnson told the group their efforts over the years have been important to the Soldiers and Families they served. He praised their hard work, their work ethics and their flexibility in adapting to a changing Fort Wainwright.

"They are an integral part of making everything happen here, but also part of peoples' lives – Soldiers, the people that they work with - everyone's really happy for them, but it's sad to see them go. I really appreciate their service and wish them all well in the next phase of their lives," he said.

"It's bittersweet," Johnson said after the ceremony. "I really feel like they're part of the Family, part of the team."

The 10 retirees are Chris Putnam, David Vanmeter, Robert Landis, James Scott, Virginia Permenter, Randy Friend, David Czech, Yunhwa Richardson, Jack Walker and Mark Weiss.



Mary Kay, director of logistics says a few words about David Vanmeter during Fort Wainwright's Civilian retirement ceremony.



Col. Ronald M. Johnson, garrison commander, presents Chris Putnam with the Commander's Award for Civilian Service.



Col. Ronald M. Johnson, garrison commander, congratulates Yunhwa Richardson, a retiring library employee from Family and Morale, Welfare and Recreation during a retirement ceremony March 22.



Michael Meeks, director of public works speaks about James Scott upon his retirement.

Friday - 30th

MARCH MADNESS, noon to 9 p.m., Birch Hill Ski and Snowboard Area, Building 1172. Event activities require pre-registration at the lodge. Events and activities subject to change depending on weather. Call 353-9131.

KITE STORY HOUR AND CRAFTS, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

EXCEPTIONAL Family MEMBER PROGRAM BOWLING, 6 to 7 p.m. Nugget Lanes Bowling Center, Building 3702. Open to participants in the Exceptional Family Member Program. Cost is \$2.25 per game, shoes included. Call 353-4243.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Saturday - 31st

WOMEN IN THE WILDERNESS: CROSS-COUNTRY SKIING, 9 a.m. to 5 p.m., Cost is \$5 per person. If the temperature falls 20-below zero, the trip will be postponed to a later date. Call 361-6349 or 361-6350.

GROUP CYCLING CLASS, 10 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

MARCH MADNESS, 1 to 8 p.m., Birch Hill Ski and Snowboard Area, Building 1172. Event activities require pre-registration at the lodge. Events and activities subject to change depending on weather. Call 353-9131.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Sunday - 1st

FORT WAINWRIGHT GOSPEL SERVICES, 9:45 a.m., Sunday school, 11 a.m., Worship service, Bassett Army Community Hospital, 3rd Floor conference room, Building 4076.

PROTESTANT SERVICES, 10 a.m., Sunday school, 11 a.m., Sunday Protestant worship, Northern Lights Chapel, Building 3430.

CATHOLIC SERVICES, 11 a.m., Catholic Mass, Southern Lights Chapel, Building 4107.

ARTS AND CRAFTS LIQUIDATION SALE BEGINS, Arts and Crafts Center, Building 3727. Call 353-7520.

MARCH MADNESS, noon to 8 p.m., Birch Hill Ski and Snowboard Area, Building 1172. Call 353-1998.

OPEN ICE SKATING, 1:30 to 4 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

CONCERT SERIES FINALE, 5 p.m., Northern Lights Chapel, Building 3430. Youth of the Chapel's last concert of the year.

Fort Wainwright PAO

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NO NAME REQUIRED

Monday - 2nd

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

ROMPANDSTOMPPLAYGROUP:ARTEEXPLORATION, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

APRIL FOOL’S FOOD FOR YOUTH AND TEENS, 6 to 7:30 p.m., Youth Center Building 4109. Call 353-7713.

YOUTH SPORTS: BASEBALL REGISTRATION BEGINS, Parent Central Services, Building 1049 #2. Age 5 to 18, \$45.Call 361-7482.

YOUTH SPORTS: START SMART BASEBALL REGISTRATION BEGINS, Parent Central Services, Building 1049 #2. Age 3 to 4, \$20. Call 361-7482.

Tuesday - 3rd

BEGINNER YOGA, 1:15 to 2:15 p.m., Last Frontier Community Activity Center, Building 1044. Cost is \$28 for four weeks. Registration Required. Call 353-7755.

INTERMEDIATE VINYASA YOGA, noon to 1 p.m., Last Frontier Community Activity Center, Building 1044. Cost is \$28 for four weeks. Registration Required. Call 353-7755.

GROUP CYCLING CLASS, 6:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

GROUP CYCLING CLASS, 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

HOOR OF POWER GROUP STRENGTH CLASS, noon p.m., Physical Fitness Center, Building 3709. Call 353-7223.

HOOR OF POWER GROUP STRENGTH CLASS, noon p.m., Physical Fitness Center, Building 3709. Call 353-7223.

Wednesday - 4th

GROUP CYCLING CLASS, noon, Physical Fitness Center, Building 3709. Call 353-7223.

BOOT CAMP, 5 p.m., Physical Fitness Center, Building 3709. Call 353-7223.

MONTH OF THE MILITARY CHILD BREAKFAST, 7 to 8 a.m., School Age Center, Building 4166. No cost. Call 361-9051.

The 2012 Volunteer Recognition Ceremony with guest speaker, Alice Palumbo is slated for April 11 from 6 to 8 p.m. in the Southern Lights Chapel. The event is a Family affair, according to the host, Charles Lyons, volunteer resource coordinator. Parents are encouraged to bring their children. The annual event is organized by Army Community Service. The theme this year is “The force behind the force.” For more information, call 353-2382 or 353-1977.

Thursday - 5th

GROUP CYCLING CLASS, 6:30 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

HOOR OF POWER GROUP STRENGTH CLASS, noon p.m., Physical Fitness Center, Building 3709. Call 353-7223.

ZUMBA FITNESS CLASS, 6 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

ROMPANDSTOMPPLAYGROUP:ARTEEXPLORATION, 9:30 to 11 a.m., Last Frontier Community Activity Center, Building 1044. Call 353-7372.

Friday - 6th

TONGUE TWISTER DAY STORY HOUR AND CRAFTS, 4 to 5 p.m., Post Library, Building 3700. Call 353-4137.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

WHITE MOUNTAINS SNOW MACHINE RUN, 8 a.m. to 5 p.m., Outdoor Recreation Center, Building 4050. Cost is \$50. Call 361-6349 or 6350.

Saturday - 7th

GROUP CYCLING CLASS, 10 a.m., Physical Fitness Center, Building 3709. Call 353-7223.

CHESS CLUB, 3 to 5 p.m., Last Frontier Community Activity Center, Building 1044. Call 353-7755.

ZUMBA FITNESS CLASS, 1 p.m., Physical Fitness Center, Building 3709. Cost is \$7. Call 353-7294.

SPRING EGGSTRAVAGANZA, 1 to 3 p.m., Birch Hill Ski and Snowboard Area. Hop into spring with a traditional outdoor egg hunt, face painting, crafts and more. Egg Hunt age groups are; 2 and younger; 3 to 5 and 6 to 8. Scavenger Hunt for ages 9 and older.

LIVE JAZZ, 6 to 8 p.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

COSMIC BOWLING, 8 p.m. to 1 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

POOL TOURNAMENT, 6 p.m., The Warrior Zone, Building 3205. Open to Department of Defense card holders 18 and older. Call 353-1087.

CROSS COUNTRY SKI TRIP, 9 a.m., Outdoor Recreation Center, Building 4050. Cost is \$10. Call 361-6349/6350.

Sunday - 8th

EASTER SUNRISE SERVICE, 6 to 8:30 a.m., at Birch Hill Ski and Snowboard Area.

FORT WAINWRIGHT GOSPEL SERVICES, 9:45 a.m., Sunday school, 11 a.m., Worship service, Bassett Army Community Hospital, Third Floor conference room, Building 4076.

PROTESTANT SERVICES, 10 a.m., Sunday school, 11 a.m., Sunday Protestant worship, Northern Lights Chapel, Building 3430.

CATHOLIC SERVICES, 11 a.m., Catholic Mass, Southern Lights Chapel, Building 4107.

MASTERS GOLF TOURNAMENT, 11 a.m., Nugget Lanes Bowling Center, Building 3702. Call 353-2654.

Open recreational ice skating at the Physical Fitness Center



4 years and younger, free; Ages 5 to 17, \$2.50; Adults, \$3.50; Family of four or more, \$8; Skate rental, \$1.50
Physical Fitness Center, Building 3709. Call for information at 353-7294.

Birch Hill Ski and Snowboard Area
March Madness

Skiing, Tubing, Snowboarding and Skeet and more.

Call 353-9131
for more information.



WEIGH TO STAY

Active duty weight control classes are offered at 8 a.m., the first Wednesday of every month at the Bassett Army Community Hospital, third floor conference room. For information call 361-5146.

FAREWELL LUNCHEON

The Community Spouses Club will honor U.S. Army Alaska’s most senior spouse, Alice Palumbo during a luncheon April 11 at noon in Fairbanks. Please make reservations by Thursday. To arrange to pre-pay the \$20 luncheon fee or for more information, visit the CSC website at www.wainwrightcsc.org.

ARMY EMERGENCY RELIEF

The Army Emergency Relief annual fundraising campaign is underway. Soldiers interested in donating to AER should contact AER campaign coordinator, 1st Sgt. Tornald Hall at 353-7617. Soldiers, retirees and their family members who find themselves in an emergency situation can visit Army Community Service and pick an application or call for information. The AER office is located with ACS in the Welcome Center, Building 3401 Santiago Avenue. For more information about the AER program, call, 353-7453.

BOWLING MENU CHANGE

Limited food service will be available at the Nugget Lanes Bowling Center while the Motherlode Snack Bar floor is replaced, beginning Tuesday. The following items will be available during renovations: Burger baskets, chicken strips, hot dogs, nachos with chili and cheese, and pizza. Service will be through the lounge and seating is available throughout the center. Normal operations will resume April 19.

CRIMINAL INVESTIGATORS

The United States Army Criminal Investigation Command commonly known as CID, is currently seeking qualified applicants to become highly-trained criminal investigators. Special agents are responsible for investigating felony-level crime of Army interest, conducting protective-service operations, and working with other Federal, state and local law enforcement agencies to solve crime and combat terrorism. To qualify, applicants must be U.S. citizens, be at least 21-years-old with at least two years of military experience but not more than 10, have no record of mental or emotional disorders and no record of unsatisfactory credit. Applicants must be able to speak and write clearly, have two years of college or at least 60 semester credit hours (fewer credits may be accepted if applicant meets remaining prerequisites), maximum grade of E-5 sergeant (non-promotable), be able to complete 60 months of service obligation upon completion of the Apprentice Special Agent Course. Soldiers with civilian or military law-enforcement experience are preferred, but it is not a requirement. To apply or for more information visit www.cid.army.mil or contact the Fort Wainwright CID office at 353-6213.

VOLUNTEER RECOGNITION

The 2012 Volunteer Recognition Ceremony with guest speaker, Alice Palumbo is slated for April 11 from 6 to 8 p.m. in the Southern Lights Chapel. The event is a Family affair, according to the host, Charles Lyons, volunteer resource coordinator. Parents are encouraged to bring their children. The annual event is organized by Army Community Service. The theme this year is “The force behind the force.” For more information, call 353-2382 or 353-1977.

DRINKING? DON’T DRIVE

The purpose of the Soldiers Against Drunk Driving program - to prevent Soldiers from drinking and driving. If a Soldier has had at least two drinks, they run the risk of getting a DUI and should call a friend, taxi or SADD volunteer to drive them home. Soldiers can call SADD at 353-6610. Pick-up hours are 11:30 p.m. to 3:30 a.m. on Fridays, Saturdays and training holidays. Volunteers in the SADD program can be Soldiers, DoD cardholders or spouses. Civilian attire is authorized for Soldiers during volunteer times and a Transportation Motor Pool vehicle is available. Soldiers participating in the program qualify for day passes after accumulating volunteer hours. A three day pass for 50 hours, a four-day pass after 80 hours and a four day pass plus eligibility to be awarded the Military Outstanding Volunteer Service Medal, worth 10 points towards promotion which helps with Staff Sgt. and Sgt. 1st Class selection after completing 150 hours of volunteer service. To volunteer call, (573) 680-6085 or (805) 878-4971.

COMMUNITY OF FAITH

Fort Wainwright Community of Faith Lent and Easter event schedule.
Tonight for Lent at 7 p.m., the Stations of the Cross will be observed at the Southern Lights Chapel, Building 4107. This will be followed by a meatless, meager meal.
Sunday at 5 p.m. the Youth of the Chapel Concert Series will host a one of a kind worship experience. All are welcome for the last concert of the year.
April 5 at 6 p.m. Holy Thursday Service. The service will be followed by 12 hours of adoration at the Southern Lights Chapel, Building 4107.
April 6 at 6 p.m. is Catholic Good Friday Service at the Southern Lights Chapel.
April 7, beginning at sundown is Easter Vigil at the Southern Lights Chapel, Building 4107.
April 8 from 6 to 8:30 a.m., Easter Sunrise Service will be held at Birch Hill.
All worship services will be at their normal times of 11 a.m.

BENEFITS TRAINING

A free Civil Service Retirement System and Federal Employees Retirement System Benefits Training presented by Snow Federal Seminars and Chartered Federal Employee Benefits Consultants. An informational, hands-on, no-cost seminar is to help understand government benefits and learn how to become financially ready to retire. For all members of the CSRS, FERS, Firefighters, Air Traffic Control, Law Enforcement Officers and federal employees and spouses are welcome. Class is set for April 17 from 8:00 a.m. to 4:00 p.m., at the Fairbanks, Weskmark Hotel, 813 Noble Street. To register go to: <http://snowseminars.com/register/FortWainwright/897>. For more information about seminars, please visit www.snowseminars.com.

LIBRARY HOURS CHANGING

The Post Library new hours of operation begin Tuesday. The library will no longer be open Saturdays or holidays based on historical customer use and reduced staff. “Saturday is our slowest day,” said Stephanie Jilek, Community Recreation officer, Family and Morale, Welfare and Recreation. It’s expected even fewer customers will be indoors as the weather improves. The library will be open Monday through Friday from 10 a.m. to 6 p.m. For more information, call the Community Recreation Division, 353-7691.

Military Family Fun Fair a success

Staff Report, U.S. Army Alaska PAO

Military Families, Soldiers, Airmen and other fair-goers primarily from Fort Wainwright and Eielson Air Force Base pushed attendance numbers to nearly 1,000. Rachel Oldfield of Armed Services YMCA said the afternoon of therapeutic art, live music

with the 9th Army Band, craft-making, therapeutic art, free food, games and activities was a success. Community organizations, Operation Military Kids, local businesses and the University of Alaska Fairbanks were represented at the information fair and

activity areas. A cadre of volunteers and the energetic support of “Team Wainwright,” was critical to the success of the event, Oldfield said. The premiere, Military Family Fun Fair was organized by Deborah Bonito and Armed Services YMCA of Alaska.



Christian Lopez, 6, son of Pfc. Miguel and WilmaLee Lopez, touches the beak and eyes of the display, “to see if it’s real,” he explained, at the Military Family Fun Fair, Saturday. After the long winter and with all the snow still on the ground, WilmaLee Lopez said it was “a great opportunity to get out of the house and meet people,” inside the warm, Physical Fitness Center. (Photo by Connie Storch/Fort Wainwright PAO)

VETERAN WEIGHT MANAGEMENT

A weight management program for veterans, VA MOVE, is offered the first Thursday of every month with the Veterans Administration Clinic. Call 361-6370 ext. 1 for more information or go online at www.move.va.gov.

